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Traditional Approaches of The University Students In Turkiye About Sexuality

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Aim

The study was descriptively conducted in order to determine knowledge levels and traditional approaches of the university students in Turkiye about sexuality.

Method

The sample of the study was consisted of 448 university students who studied at Hittite University. The data were gathered with a Questionnaire Form designed to determine students' traditional beliefs about sexuality and means, percentages and chi-square test were employed.

Results

8 of the 10 students (77.2%) were completely opposed to sexual relation before marriage. The reasons were beliefs (75.2%), values (38.4%), traditions (37.7%) and concerns about health (28.3); respectively. 6 of the 10 students regarded male sexual relation before marriage right whereas majority was against female sexual relation before marriage. More than half of the students (52.7%) did not get an education on sexuality during puberty period. It was seen that most of the students did not know anything about sexually transmitted diseases (86.4%). It was found out that there was statistically significant difference between male students and female students in terms of having training about sexual topics, having sexual relation before marriage, opinions on sexuality, having close relations rather than sexual relation and having sexually transmitted diseases ($p < 0.05$).

Conclusion

it was detected that more than half of the students did not get any education on sexual topics and did not know effective family planning methods and were unaware of sexually transmitted diseases.

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